

### **HAPPY NEW YEAR AND WELCOME BACK**

Welcome back to you all for the second half of the season. We hope you all had a safe and happy Christmas and New Year. This second half of the season will certainly be very busy and action packed. There are 6 Programs left, including our very special Australia Day Back to Berwick Village 20 Years celebration on the 26<sup>th</sup> January, another Twilight evening for Program 17, Friday 3<sup>rd</sup> February commencing at 5.30, which is also the eve of the Region Track and Field Championships at Frankston on February 4<sup>th</sup> and 5<sup>th</sup>.

The following weekend see many travel down to Moe for the State Multi Championships on the 11<sup>th</sup> and 12 February, our own Casey Centre Championships on February 25<sup>th</sup> and 26<sup>th</sup>, with a spare day if needed on the 11<sup>th</sup> March and finally State Track and Field Championships at Bendigo on March 4<sup>th</sup> and 5<sup>th</sup> March. The Commonwealth Games of course will commence on 15<sup>th</sup> March through to 26<sup>th</sup> March and our season will wind up with our Annual General Meeting and Presentation afternoon scheduled for Sunday April 9<sup>th</sup> 2006 at the Berwick Leisure Centre with a new format proposed, so pencil this date into your diaries now.

More information about the AGM to follow in the next couple of weeks. So a very busy time ahead of us indeed.

### **BACK TO BERWICK VILLAGE**

#### **– 20 YEARS CELEBRATION**

Our day has been arranged for Thursday 26<sup>th</sup> January, Australia Day commencing at 9 am. This event will replace the competition scheduled on Saturday 28<sup>th</sup> January. There is another flyer regarding this special event attached to this newsletter. For those who have not yet responded to the flyer, could you please do so to enable us to finalise plans for this day, with expected athletes on the day. As per usual we will need officials to make this day successful so please also fill out the section if you are available to assist us. This promises to be a fun and exciting day with lots of activities and competition against Dandenong.

### **STARTING ON TIME**

To enable the program to commence on time all parents need to have signed on for duty and be at their allocated area by 8.15 am. It has been noticed that parents and athletes are still arriving after 8.30 am. It is advised by all that you should arrive at 8.00 am to enable the athletes to warm up and stretch at 8.15 am and then the program can commence at 8.30 am. U11 to U5 plus InterAths are reminded that when the walks are scheduled you are required to marshal in that area

at 7.45 am to ensure the smooth start at 8 am for the walks.

Each week there is a need to ask for assistance so that all venues are ready for the athletes. Despite having over 300 families registered, we need to ask for assistance each week, delaying the program for the athletes, as there are nearly 100 families who have not completed duty, or have forgotten to register with David. If you have not assisted before or are not sure how to help out, please see David, our Chief of Officials, to learn more TODAY. All help is appreciated and the athletes love to see their parents involved.

### **PARENT DUTY COMMITMENT**

As we need at least 100 parents each week, parents who have volunteered for a permanent position need to be ready at 8.15 am to commence duty. Parents who have volunteered to be on a 'Duty Roster' will be rostered to assist every alternate week according to their surnames (A-K & L-Z). All 'Duty Roster' parents need to be available by 8.20 am to be allocated a duty for the day. Our Education Officer and Committee members are available to assist any parents who are not sure of their 'job' for the day.

Please see David Werner to collect your name tag, your allocated duty, or if you want to change from Duty Roster to a permanent position. Remember to ensure we finish before midday your assistance is vital.

**A-K family duty dates: Saturday 21<sup>st</sup> January 2006,  
Friday 3<sup>rd</sup> February Twilight evening, Saturday 18<sup>th</sup> February,  
Sunday 26<sup>th</sup> February (Centre Championships)**

**L-Z family duty dates:  
Saturday 14<sup>th</sup> January 2006, Thursday 26<sup>th</sup> January 2006 Australia Day, Saturday 11<sup>th</sup> February,  
Saturday 25<sup>th</sup> February (Centre Championships)**

If you are not able to fulfill your permanent duty position due to other commitments at any time (and it does happen), please ring David on 97050136 or 0419119759 ASAP so we can replace you for that allocated duty and day. Badges need to be returned to the labelled white box near the canteen after you complete your duty.

**We thank you for your continued assistance and support with these duties. It is great that through your help we are able to complete the program before 12 and before the heat of the day.**

### REGION TRACK AND FIELD CHAMPIONSHIPS

These will be held at Frankston on Saturday 4<sup>th</sup> and Sunday 5<sup>th</sup> February for all those athletes who have entered into this event.

**Duties will be finalised shortly and handed out. If you are unable to complete your assigned duties at the designated time you will need to swap to a suitable time with someone else willing to swap with you. Ideally we attempt to allocate duty when your child is not competing, as like all parents, we want to watch our children compete, but this is not always possible. If you have any special requests for times please see Leanne Fraser or Andrea Hallett and we will endeavour to assist where possible.**

The Casey Uniform is to be worn and can be hired or purchased from the Centre. Please arrange this with Joanne Jamieson soon to ensure you have this Uniform in hand.

### CENTRE CHAMPIONSHIPS

Our Centre Championships will be held on the last weekend in February. All athletes and families need to be aware that this will run over two days and include Sunday. Dates are Saturday 25<sup>th</sup> and Sunday 26<sup>th</sup> February. Entry forms are in your family folders and need to be handed to Leanne no later than our Twilight meeting Friday 3<sup>rd</sup> February, with payment. As there is a lot of preparation that goes into organising this day this dead line must be adhered to.

### NO LATE ENTRIES WILL BE ACCEPTED.

### TRAINING TIMES

Training is scheduled to recommence again on Tuesday 17<sup>th</sup> and Thursday 19<sup>th</sup> January 2006. Training is from 5.30 pm – 6.30 pm on either a Tuesday or Thursday evening. U6 to U9's train on Tuesdays and U10 – U15's train on Thursdays. Parents with children in each training night may prefer to attend the Thursday night training session. Special thanks to all those parents who are able to assist us with little things on training nights it is always appreciated by the coaches.

### CENTRE UNIFORMS

Just a reminder to all athletes, you are expected to wear your blue t-shirt and registration tag to each Casey LAC meeting. It has become very apparent that not all athletes are wearing the correct uniform. We ask also that navy shorts be worn. It makes it easier for the recorders to complete your performance tickets if your number can be seen on the tag. Remember to sew the registration tag on because pins and velcro do not

always work. NO TAG NO COMPETITION. A replacement tag will be issued for a fee of \$5.00.

### SLIP, SLOP, SLAP

With the hot weather approaching, it's important to remember the sunscreen, hat and drink bottle and to ensure athletes have drinks between events. Please create your own shade and bring your porta-shades. If it is looking cool, please rug up as it can get quite cool out in the open.

### CASEY LAC UNIFORM

For athletes who represent Casey LAC at Region and State competitions, they need to wear our Casey LAC uniform. This can be hired or purchased from the Centre. These uniforms must be returned the following week after the Region or State event. There will be a bond charged also this season.

### CASEY LAC WEBSITE

Our website is updated regularly with results being updated within 24 hours. You can check out your results on [www.vicnet.net.au/~caseylac](http://www.vicnet.net.au/~caseylac).

### NEWSLETTER

The newsletter advises of upcoming events and other things happening within our Centre. The newsletters and other items (stars and performance sheets) will be available for you to collect from the family filing boxes, which will be located outside the netball club room. Please check these weekly to see if you have anything to collect. If you have an item you would like to put in future editions of this newsletter, please let Andrea know so this can be arranged.

### STATE MULTI CHAMPIONSHIPS – DATE CHANGE

A decision by the VLAA Board of Management has resulted in the change of date to the IGA (new sponsor) State Multi Event championships.

The event will now take place on Saturday 11<sup>th</sup> and Sunday 12<sup>th</sup> February 2006 at Newborough (MOE) The date has been moved from the 18/19<sup>th</sup> Feb due to a proposed VLAA activity in conjunction with a Commonwealth Games spectacular to be held at the MCG.

