

WELCOME BACK!

Welcome back to last season's members and a very big welcome to all our new members. We are looking forward to another fantastic season.

NEWSLETTER

The newsletter advises of upcoming events and other things happening within our Centre. The newsletters and other items (stars and performance sheets) will be available for you to collect from the family filing boxes, which are located outside the canteen. Please check these weekly to see if you have anything to collect. If you have an item you would like to put in future editions of this newsletter, please let Daryl, the Secretary, know so this can be arranged.

CASEY ATHLETICS PHOTOGRAPHY

This year we have our own official photographers at the centre each week capturing every child in their various events. In past years we have had an outside company come in for one day to take photos. This has meant many children missed out on having their photos taken if they were away or were simply missed due to time concerns.



The photos will be available for purchase each week on the website www.caseylittleaths.org.au under the 'Photo Gallery' link. Please make sure you check each week to see if your children have been snapped doing their best. You will notice that this part of the website is password protected for privacy so only parents with a user name & password can access the photos. Photos can be ordered in a range of sizes at very reasonable prices. All funds raised will flow back into making Casey the number one centre in our region again this year.

The user name & password for the first 2 weeks of the season is as follows: User Name: **XXXXXXXX** Password: **XXXXXXXX**

TERRACING FOR SEATING

We have enjoyed using the new terracing at the pavilion end of the centre last year. Council will be working on providing more terracing during the first 2 months of competition along the sprint track side of the centre and should be completed by mid November. This will be fantastic when completed.

SHOW BAGS

For any families that have registered their children and not collected their show bags, please see the Secretary in the Pavilion as soon as possible.

HANDBOOK

The handbook should be available today. Please see the Secretary to collect a handbook per registered family. This year's handbook includes photos of some of our athletes competing, and a record sheet so athletes can record their performances each week.

CASEY LAC WEBSITE

Our website is updated regularly with results being updated within 24 hours. Check out your results on the internet on www.caseylittleaths.org.au

PRIVACY PERMISSION FORM

It is essential that each family completes a Privacy Permission Form and returns it to one of the Secretaries as soon as possible. Spare forms are available in the pavilion. As a Centre, we need to know whether we can use the names and photos of any athlete for our newsletters (like this one), handbook (as you can have been issued) or on our website (as you can check out). Without your permission, we will not be listing any achievements of your children, as we respect the rights of all individuals. See Daryl for more information. Your assistance with this request is appreciated.

CENTRE UNIFORMS

Just a reminder to all athletes, you are expected to wear your blue tshirt and registration bib to each Casey LAC meeting. It makes it easier for the recorders to complete your performance tickets, if your number can be seen on the bib. Remember to sew the bib on because pins and velcro do not always work.

For athletes who represent Casey LAC at Region and State competitions, they need to wear the Casey LAC uniform. This can be hired or purchased from the Centre.

COMING EVENTS – RELAY CHAMPIONSHIPS!

The relay season will be upon us very quickly. For the new families please ask one of our friendly Committee members for further information regarding relays. Mentone Little Athletics Centre will be hosting the 24th Annual Relay Open Day, on Sunday 12th November. Athletes in Under 9 to Under 15 can participate. Anyone interested in joining a team should complete the entry form located in your handbook and hand to the Secretary or your age group manager. See Daryl Hargreaves for more information. It would be fantastic to kick off the season with some teams entered in this event as it is a great warm up for Regional Relays.



TRAINING TIMES

Training is from 5.30 – 6.30pm. U6 to U9's train on Tuesday and U10 – U15's train on Thursday. Parents with children in each training night may prefer to attend the Thursday night training session. We always appreciate any assistance with training nights. Just ask one of the coaches and they will advise you on how to assist. Training starts on Tuesday 3rd October 2006.

OPEN DAYS

Other Centres invite other athletes to compete with them – these are called Open Days. Information on when these days are being held and entry forms can be found in the folder near the family filing boxes outside the canteen area.

LAPS FOR KIDS

On Saturday 11th November, we will be holding our annual Laps for Kids Morning. This is a special event held for the Royal Children's Hospital Good Friday appeal, where all athletes, parents, carers and grandparents are invited to run, walk or stroll one lap of the oval and donate a gold coin for the Hospital. Last year we raised over \$475.00, let's see if we can beat that figure this year.

SMOOTH RUNNING OF CENTRE

To enable the smooth running of the Centre we need the assistance of approximately 100 parents each week. For parents this is the best way to get close to the action and get to know the kids.

Parents who have volunteered for a permanent position need to be ready at 8.20 am to commence duty. Parents who have volunteered to be on a 'Duty Roster' will be rostered to assist once a fortnight at the beginning of the season. If we get enough volunteers, your duty allocation may become once every three weeks.

All 'Duty Roster' parents need to be available at 8.15 am to be allocated a duty for the day. Education Officers and Committee members are available to assist any parents who are not sure of their 'job' for the day. Please see our Chief of Officials David Werner at his table just inside the arena each Saturday morning to collect your name tag, your allocated duty, or if you want to change from Duty Roster to a permanent position.

TROPHIES FROM 2005/2006 SEASON

If there are any athletes who did not collect their trophies from last season's AGM, check out the table in the pavilion. We have lots and lots of trophies looking for homes!

SMR COACHING CAMP

This year's camp will be held at Merricks on the weekend, 24th to 26th November. This camp is a special coaching camp aimed at athletes Under 9 to Under 15. For further information, and registration forms, please see the folder near the family filing boxes outside the canteen area.

SLIP, SLOP, SLAP

With the hot weather approaching, it's important to remember the sunscreen, hat and drink bottle and to ensure athletes have drinks between events. We hope all the children enjoy their new caps this year. Please remember to clearly mark them with your child's name & age group as they all look the same! Please create your own shade and bring your porta-shades. If it is looking cool, please rug up as it can get quite cool out in the open.

A final word, if you want to help, but you're just not sure how, ask one of our friendly Committee members to find out what's needed – we'd love to help you!