



Region Track and Field
Qualifying Round

Gippsland Region

TRACK AND FIELD CHAMPIONSHIPS 2010

Joe Carmody Reserve, Cnr Old Sale Rd & Southwell Ave, Newborough.

SUNDAY 21ST FEBRUARY

****** Information Brochure ******

Please find attached information for the Gippsland Region Track & Field Championships 2010. You will find:

- Timetable/Program
- Map of Newborough Track
- Information on Accommodation if required.

If you should have any other questions or need to speak to Casey LAC on the day:
Emergency Phone: Greg Jagusch 0425 706 156 Dawn Gilpin 0421 335 795, Shane Triffitt 0403 255 304 or Phil Sheridan 0400 658 164.

Loy Yang B Gippsland Region T & F Championships

2009/2010

All athletes must be marshalled at least 15 minutes prior to scheduled start time.

Front Straight				Back Straight				Circular Tack				Field Events			
No.	Time	Age	event	No.	Time	Age	event	No.	Time	Age	event	No.	Time	Age	event
16	10.30am	B11	60mH Final					95	10.30am	G 14	800m				
17	10.32am	G11	60mH Final												
9	10.34am	B10	60mH Final												
10	10.36am	G10	60mH Final												
18	10.43am	B12	60mH Final					96	10.40am	G 12	800m				
11	10.45am	G12	60mH Final									156	11.00am	B 13	HU
19	10.52am	B9	60mH Final					97	10.50am	G 11	1500mW	157	11.00am	B 14	HU
20	10.54am	G9	60mH Final					98	11.00am	B 10	800m	158	11.00am	B 15	HU
21	11.15am	B15	400m Final					99	11.10am	B 11	800m	159	11.00am	G 14	LJ 1
22	11.17am	G15	400m Final									160	11.00am	G 15	LJ 1
23	11.19am	B14	400m Final									161	11.00am	B 8	LJ 2
24	11.21am	G14	400m Final					100	11.20am	G 13	1500mW	162	11.00am	G 13	TJ 1
25	11.23am	B13	400m Final									163	11.00am	B 11	TJ 2
26	11.25am	G13	400m Final									164	11.00am	G 10	SP 1
27	11.27am	B12	400m Final										11.00am	Free	SP 2
28	11.29am	G12	400m Final									165	11.00am	B 10	DIS 1
7	11.31am	B11	400m Final									166	11.00am	G 8	DIS 2
29	11.33am	G11	400m Final									167	11.00am	B 12	JAV
30	11.35am	B10	400m Final					101	11.35am	B 13	1500mW				
31	11.37am	G10	400m Final												
32	11.39am	B9	400m Final												
8	11.41am	G9	400m Final									168	12.00pm	G 12	HU
33	11.43am	B8	400m Final									169	12.00pm	G 13	HU
34	11.45am	G8	400m Final	81	12.10pm	B9	70m Final	102	11.55am	B 14	1500m	170	12.00pm	B 10	LJ 1
				82	12.12pm	G9	70m Final						12.00pm	Free	LJ 2
				84	12.18pm	B10	70m Final					171	12.00pm	G 10	TJ 1
				80	12.20pm	G10	70m Final						12.00pm	Free	TJ 2
				77	12.22pm	B11	70m Final					172	12.00pm	G 15	SP 1
				78	12.24pm	G11	70m Final					173	12.00pm	G 14	SP 2
				86	12.26pm	B12	70m Final						12.00pm	Free	DIS 1
				85	12.28pm	G12	70m Final					174	12.00pm	B 12	DIS 2
				Back Straight Finished				104	12.30pm	G 9	1100mW	175	12.00pm	G 11	JAV

MAP OF NEWBOROUGH TRACK



IMPORTANT NOTES:

- Don't forget to collect your duty roster from our centre.
- All athletes must wear the Casey Centre Uniform to be able to compete on the day.
- Please make sure you have your drink bottles, sunscreen, hats, extra socks etc...
- Bring along your chairs.
- There will be a Casey Sunshade set up at the Track, keep a look out for this that way we can all stay together as a team & help out our club when needed.
- We will have team managers there that will be able to assist and other members there for any information you may need and also help with event clashes etc...

Good Luck to all our athletes on the day we wish you all the best & hope you have a great day from CASEY LAC.

ACCOMMODATION

MOE



Comfort Inn Ollerton Avenue Moe 3 1/2 star rating

Prices from : \$110-00



Moe Motor Inn Fowler Street Moe 4 Star Rating

Price from : \$90-00

The Park Motor Inn
[SkyScape Bed & Breakfast](#)
[Brigadoon Cottages](#)

Coalville Road Moe Vic 3825
 Haunted Hills Road Newborough Vic 3825

Caravan Park

Moe Gardens – 1 Mitchells Road

Hotels

The Lions Hotel/Motel	Lloyd Street
Leggies Hotel	Lloyd St
Mid City Tavern	Moore St
Newborough Hotel	Monash Rd

MORWELL



Comfort Inn Cedar Lodge Morwell (Hotels)
 1 Maryvale Crescent, Morwell, VIC 3840 (Morwell, Latrobe Valley, Australia)

Rates from \$95-00

Farnham Court Motel and Restaurant	Princes Highway	Morwell Vic 3840
Hazelwood Motor Inn	Princes Highway	Morwell Vic 3840
Morwell Southside Motel	Maryvale Crescent	Morwell Vic 3840



Morwell Hotel & Beacons Cafe AAAT ★★★

The Morwell Hotel is centrally located in the Latrobe Valley,. We are the only Hotel Motel in Morwell delivering the best prices in accommodation. With rooms starting at \$50 you wont be disappointed. In addition to the 17 fully contained units the Morwell Hotel has full TAB facilities, a public bar with bar meals, a drive thru bottleshop, two alfresco dining areas and a Beacons Cafe

...
Midvalley Motel (Budget Motel Chain)