

VLAA STATE TRACK & FIELD CHAMPIONSHIPS

OLYMPIC PARK, MELBOURNE

MARCH 20/21, 2010

SATURDAY TRACK TIMETABLE

Event #	Start Time	Gender	Age	Event	Type	Location	Event #	Start Time	Gender	Age	Event	Type	Location
	8:30	Boys	U14	1500 Metre Race Walk	Final	Circular		14:00	Boys	U13	200 Metre Run	Heats	Sprint
	8:42	Girls	U14	1500 Metre Race Walk	Final	Circular		14:06	Girls	U13	200 Metre Run	Heats	Sprint
	8:54	Girls	U15	1500 Metre Race Walk	Final	Circular		14:14	Girls	U15	200 Metre Run	Heats	Sprint
								14:20	Boys	U15	200 Metre Run	Heats	Sprint
	8:30	Boys	U12	70 Metre Run	Heats	Sprint		14:28	Girls	U14	200 Metre Run	Heats	Sprint
	8:36	Girls	U12	70 Metre Run	Heats	Sprint		14:34	Boys	U14	200 Metre Run	Heats	Sprint
	8:44	Boys	U11	70 Metre Run	Heats	Sprint							
	8:50	Girls	U11	70 Metre Run	Heats	Sprint		14:40	Boys	U13	1500 Metre Race Walk	Final	Circular
	8:58	Boys	U10	70 Metre Run	Heats	Sprint		14:52	Girls	U13	1500 Metre Race Walk	Final	Circular
	9:04	Girls	U10	70 Metre Run	Heats	Sprint							
	9:12	Boys	U9	70 Metre Run	Heats	Sprint		14:50	Boys	U12	70 Metre Run	Final	Sprint
	9:18	Girls	U9	70 Metre Run	Heats	Sprint		14:52	Girls	U12	70 Metre Run	Final	Sprint
								14:54	Boys	U11	70 Metre Run	Final	Sprint
	9:11	Boys	U13	800 Metre Run	Heats	Circular		14:56	Girls	U11	70 Metre Run	Final	Sprint
	9:21	Girls	U13	800 Metre Run	Heats	Circular		14:58	Boys	U10	70 Metre Run	Final	Sprint
	9:31	Boys	U11	800 Metre Run	Heats	Circular		15:00	Girls	U10	70 Metre Run	Final	Sprint
	9:41	Girls	U11	800 Metre Run	Heats	Circular		15:02	Girls	U9	70 Metre Run	Final	Sprint
	9:51	Boys	U10	800 Metre Run	Heats	Circular		15:04	Boys	U9	70 Metre Run	Final	Sprint
	10:01	Girls	U10	800 Metre Run	Heats	Circular							
	10:11	Boys	U9	800 Metre Run	Heats	Circular		15:16	Boys	U15	100 Metre Hurdles	Final	Sprint
	10:21	Girls	U9	800 Metre Run	Heats	Circular		15:21	Boys	U14	90 Metre Hurdles	Final	Sprint
	10:31	Boys	U15	800 Metre Run	Heats	Circular		15:23	Girls	U15	90 Metre Hurdles	Final	Sprint
	10:41	Boys	U14	800 Metre Run	Heats	Circular		15:28	Girls	U14	80 Metre Hurdles	Final	Sprint
	10:51	Girls	U14	800 Metre Run	Heats	Circular		15:30	Boys	U13	80 Metre Hurdles	Final	Sprint
	11:01	Girls	U15	800 Metre Run	Heats	Circular		15:32	Girls	U13	80 Metre Hurdles	Final	Sprint
	11:11	Boys	U12	800 Metre Run	Heats	Circular		15:37	Boys	U12	80 Metre Hurdles	Final	Sprint
	11:21	Girls	U12	800 Metre Run	Heats	Circular		15:39	Girls	U12	80 Metre Hurdles	Final	Sprint
								15:44	Boys	U11	80 Metre Hurdles	Final	Sprint
	9:39	Boys	U15	100 Metre Hurdles	Heats	Sprint		15:46	Girls	U11	80 Metre Hurdles	Final	Sprint
	9:48	Girls	U15	90 Metre Hurdles	Heats	Sprint		15:48	Boys	U10	80 Metre Hurdles	Final	Sprint
	9:54	Boys	U14	90 Metre Hurdles	Heats	Sprint		15:50	Girls	U10	80 Metre Hurdles	Final	Sprint
	10:03	Girls	U14	80 Metre Hurdles	Heats	Sprint		15:55	Boys	U9	80 Metre Hurdles	Final	Sprint
	10:09	Boys	U13	80 Metre Hurdles	Heats	Sprint		15:57	Girls	U9	80 Metre Hurdles	Final	Sprint
	10:15	Girls	U13	80 Metre Hurdles	Heats	Sprint							
	10:21	Boys	U12	80 Metre Hurdles	Heats	Sprint		16:09	Boys	U15	800 Metre Run	Final	Circular
	10:30	Girls	U12	80 Metre Hurdles	Heats	Sprint		16:14	Girls	U15	800 Metre Run	Final	Circular
	10:36	Boys	U11	80 Metre Hurdles	Heats	Sprint		16:19	Girls	U14	800 Metre Run	Final	Circular
	10:45	Girls	U11	80 Metre Hurdles	Heats	Sprint		16:24	Boys	U14	800 Metre Run	Final	Circular
	10:51	Boys	U10	80 Metre Hurdles	Heats	Sprint		16:29	Girls	U12	800 Metre Run	Final	Circular
	10:57	Girls	U10	80 Metre Hurdles	Heats	Sprint		16:34	Boys	U12	800 Metre Run	Final	Circular
	11:06	Boys	U9	80 Metre Hurdles	Heats	Sprint		16:39	Boys	U11	800 Metre Run	Final	Circular
	11:15	Girls	U9	80 Metre Hurdles	Heats	Sprint		16:44	Girls	U11	800 Metre Run	Final	Circular
								16:49	Girls	U10	800 Metre Run	Final	Circular
	11:36	Boys	U11	200 Metre Run	Heats	Circular		16:54	Boys	U10	800 Metre Run	Final	Circular
	11:42	Girls	U11	200 Metre Run	Heats	Circular		16:59	Girls	U9	800 Metre Run	Final	Circular
	11:50	Boys	U9	200 Metre Run	Heats	Circular		17:04	Boys	U9	800 Metre Run	Final	Circular
	11:56	Girls	U9	200 Metre Run	Heats	Circular		17:09	Girls	U13	800 Metre Run	Final	Circular
	12:04	Girls	U10	200 Metre Run	Heats	Circular		17:14	Boys	U13	800 Metre Run	Final	Circular
	12:10	Boys	U10	200 Metre Run	Heats	Circular							
	12:18	Boys	U12	200 Metre Run	Heats	Circular		17:29	Girls	U15	200 Metre Run	Final	Circular
	12:24	Girls	U12	200 Metre Run	Heats	Circular		17:31	Boys	U15	200 Metre Run	Final	Circular
								17:33	Girls	U14	200 Metre Run	Final	Circular
	12:35	Boys	U15	1500 Metre Race Walk	Final	Circular		17:36	Boys	U14	200 Metre Run	Final	Circular
	12:47	Boys	U12	1500 Metre Race Walk	Final	Circular		17:38	Girls	U12	200 Metre Run	Final	Circular
	12:59	Girls	U12	1500 Metre Race Walk	Final	Circular		17:40	Boys	U12	200 Metre Run	Final	Circular
								17:43	Girls	U11	200 Metre Run	Final	Circular
								17:45	Boys	U11	200 Metre Run	Final	Circular
								17:47	Girls	U10	200 Metre Run	Final	Circular
								17:50	Boys	U10	200 Metre Run	Final	Circular
								17:52	Girls	U9	200 Metre Run	Final	Circular
								17:54	Boys	U9	200 Metre Run	Final	Circular
								17:57	Girls	U13	200 Metre Run	Final	Circular
								17:59	Boys	U13	200 Metre Run	Final	Circular

LUNCH

VLAA STATE TRACK & FIELD CHAMPIONSHIPS

OLYMPIC PARK, MELBOURNE

MARCH 20/21, 2010

SUNDAY TRACK TIMETABLE

Event #	Start Time	Gender	Age	Event	Type	Location	Event #	Start Time	Gender	Age	Event	Type	Location
	8:30	Boys	U11	1500 Metre Run	Final	Circular		12:45	Boys	U9	400 Metre Run	Heats	Sprint
	8:40	Girls	U9	1100 Metre Race Walk	Final	Circular		12:54	Girls	U9	400 Metre Run	Heats	Sprint
	8:50	Girls	U12	1500 Metre Run	Final	Circular		13:03	Boys	U10	400 Metre Run	Heats	Sprint
	9:00	Girls	U13	1500 Metre Run	Final	Circular		13:12	Girls	U10	400 Metre Run	Heats	Sprint
	9:10	Girls	U11	1500 Metre Race Walk	Final	Circular		13:21	Boys	U11	400 Metre Run	Heats	Sprint
	9:20	Boys	U13	1500 Metre Run	Final	Circular		13:30	Girls	U11	400 Metre Run	Heats	Sprint
	9:30	Boys	U9	1100 Metre Race Walk	Final	Circular		13:39	Boys	U12	400 Metre Run	Heats	Sprint
	9:40	Boys	U12	1500 Metre Run	Final	Circular		13:48	Girls	U12	400 Metre Run	Heats	Sprint
	9:50	Boys	U10	1100 Metre Race Walk	Final	Circular		13:57	Boys	U13	400 Metre Run	Heats	Sprint
								14:06	Girls	U13	400 Metre Run	Heats	Sprint
	8:30	Girls	U11	100 Metre Run	Heats	Sprint		14:15	Boys	U14	400 Metre Run	Heats	Sprint
	8:36	Boys	U13	100 Metre Run	Heats	Sprint		14:24	Girls	U14	400 Metre Run	Heats	Sprint
	8:44	Boys	U9	100 Metre Run	Heats	Sprint		14:33	Boys	U15	400 Metre Run	Heats	Sprint
	8:50	Boys	U15	100 Metre Run	Heats	Sprint		14:42	Girls	U15	400 Metre Run	Heats	Sprint
	8:56	Girls	U15	100 Metre Run	Heats	Sprint							
	9:04	Boys	U12	100 Metre Run	Heats	Sprint		15:01	Boys	U9	60 Metre Hurdles	Final	Sprint
	9:10	Boys	U10	100 Metre Run	Heats	Sprint		15:03	Girls	U9	60 Metre Hurdles	Final	Sprint
	9:16	Girls	U14	100 Metre Run	Heats	Sprint		15:08	Boys	U10	60 Metre Hurdles	Final	Sprint
	9:24	Girls	U10	100 Metre Run	Heats	Sprint		15:10	Girls	U10	60 Metre Hurdles	Final	Sprint
	9:30	Boys	U14	100 Metre Run	Heats	Sprint		15:12	Boys	U11	60 Metre Hurdles	Final	Sprint
	9:37	Girls	U12	100 Metre Run	Heats	Sprint		15:14	Girls	U11	60 Metre Hurdles	Final	Sprint
	9:43	Girls	U9	100 Metre Run	Heats	Sprint		15:19	Boys	U12	60 Metre Hurdles	Final	Sprint
	9:50	Boys	U11	100 Metre Run	Heats	Sprint		15:21	Girls	U12	60 Metre Hurdles	Final	Sprint
	9:56	Girls	U13	100 Metre Run	Heats	Sprint							
								15:33	Boys	U13	300 Metre Hurdles	Final	Sprint
	10:05	Girls	U15	300 Metre Hurdles	Heats	Circular		15:36	Girls	U13	300 Metre Hurdles	Final	Sprint
	10:14	Boys	U15	300 Metre Hurdles	Heats	Circular		15:39	Boys	U14	300 Metre Hurdles	Final	Sprint
	10:23	Girls	U14	300 Metre Hurdles	Heats	Circular		15:43	Girls	U14	300 Metre Hurdles	Final	Sprint
	10:32	Boys	U13	300 Metre Hurdles	Heats	Circular		15:46	Boys	U15	300 Metre Hurdles	Final	Sprint
	10:41	Boys	U14	300 Metre Hurdles	Heats	Circular		15:49	Girls	U15	300 Metre Hurdles	Final	Sprint
	10:50	Girls	U13	300 Metre Hurdles	Heats	Circular							
								16:02	Boys	U9	100 Metre Run	Final	Sprint
	11:15	Boys	U9	60 Metre Hurdles	Heats	Sprint		16:04	Girls	U9	100 Metre Run	Final	Sprint
	11:21	Girls	U9	60 Metre Hurdles	Heats	Sprint		16:06	Boys	U11	100 Metre Run	Final	Sprint
	11:30	Boys	U11	60 Metre Hurdles	Heats	Sprint		16:09	Girls	U11	100 Metre Run	Final	Sprint
	11:36	Girls	U11	60 Metre Hurdles	Heats	Sprint		16:11	Boys	U10	100 Metre Run	Final	Sprint
	11:42	Boys	U10	60 Metre Hurdles	Heats	Sprint		16:13	Girls	U10	100 Metre Run	Final	Sprint
	11:48	Girls	U10	60 Metre Hurdles	Heats	Sprint		16:16	Boys	U12	100 Metre Run	Final	Sprint
	11:57	Girls	U12	60 Metre Hurdles	Heats	Sprint		16:18	Girls	U12	100 Metre Run	Final	Sprint
	12:03	Boys	U12	60 Metre Hurdles	Heats	Sprint		16:20	Boys	U13	100 Metre Run	Final	Sprint
								16:23	Girls	U13	100 Metre Run	Final	Sprint
	11:06	Girls	U10	1100 Metre Race Walk	Final	Circular		16:25	Boys	U14	100 Metre Run	Final	Sprint
	11:16	Girls	U15	1500 Metre Run	Final	Circular		16:27	Girls	U14	100 Metre Run	Final	Sprint
	11:26	Girls	U14	1500 Metre Run	Final	Circular		16:30	Boys	U15	100 Metre Run	Final	Sprint
	11:36	Boys	U15	1500 Metre Run	Final	Circular		16:32	Girls	U15	100 Metre Run	Final	Sprint
	11:46	Boys	U14	1500 Metre Run	Final	Circular							
	11:56	Boys	U11	1500 Metre Race Walk	Final	Circular		16:44	Boys	U9	400 Metre Run	Final	Sprint
	12:06	Girls	U11	1500 Metre Run	Final	Circular		16:47	Girls	U9	400 Metre Run	Final	Sprint
								16:50	Boys	U10	400 Metre Run	Final	Sprint
								16:54	Girls	U10	400 Metre Run	Final	Sprint
								16:57	Boys	U11	400 Metre Run	Final	Sprint
								17:00	Girls	U11	400 Metre Run	Final	Sprint
								17:04	Boys	U12	400 Metre Run	Final	Sprint
								17:07	Girls	U12	400 Metre Run	Final	Sprint
								17:10	Boys	U13	400 Metre Run	Final	Sprint
								17:14	Girls	U13	400 Metre Run	Final	Sprint
								17:17	Boys	U14	400 Metre Run	Final	Sprint
								17:20	Girls	U14	400 Metre Run	Final	Sprint
								17:24	Boys	U15	400 Metre Run	Final	Sprint
								17:27	Girls	U15	400 Metre Run	Final	Sprint

LUNCH

VLAA STATE TRACK & FIELD CHAMPIONSHIPS

OLYMPIC PARK, MELBOURNE

MARCH 20/21, 2010

SATURDAY FIELD TIMETABLE

SUNDAY FIELD TIMETABLE

Event #	Start Time	Gender	Age	Event	Location	Event #	Start Time	Gender	Age	Event	Location
	8:30	Boys	U9	Discus	Ring 2		8:30	Boys	U10	Long Jump	Pit 1
	8:30	Boys	U11	Shot Put	Ring 1		8:30	Boys	U12	High Jump	Area 1
	8:30	Boys	U12	Discus	Ring 1		8:30	Boys	U13	Triple Jump	Pit 2
	8:30	Boys	U14	Triple Jump	Pit 1		8:30	Boys	U14	Shot Put	Ring 1
	8:30	Boys	U15	Long Jump	Pit 2		8:30	Boys	U15	High Jump	Area 2
	8:30	Girls	U10	Triple Jump	Pit 2		8:30	Girls	U9	Discus	Ring 2
	8:30	Girls	U11	Long Jump	Pit 1		8:30	Girls	U10	Long Jump	Pit 2
	8:30	Girls	U12	High Jump	Area 2		8:30	Girls	U12	Discus	Ring 1
	8:30	Girls	U13	High Jump	Area 1		8:30	Girls	U13	Shot Put	Ring 2
	8:30	Girls	U14	Shot Put	Ring 2		8:30	Girls	U14	Javelin	Area 1
	8:30	Girls	U15	Javelin	Area 1		8:30	Girls	U15	Triple Jump	Pit 1
	10:00	Boys	U13	Discus	Ring 1		10:00	Boys	U11	Javelin	Area 1
	10:00	Boys	U14	Javelin	Area 1		10:00	Boys	U14	High Jump	Area 2
	10:00	Girls	U14	High Jump	Area 1		10:00	Girls	U11	Discus	Ring 1
	11:30	Boys	U9	Long Jump	Pit 2		11:30	Boys	U9	Triple Jump	Pit 2
	11:30	Boys	U10	Triple Jump	Pit 1		11:30	Boys	U10	Discus	Ring 2
	11:30	Boys	U11	Discus	Ring 1		11:30	Boys	U11	High Jump	Area 2
	11:30	Boys	U12	Shot Put	Ring 2		11:30	Boys	U12	Long Jump	Pit 1
	11:30	Boys	U15	Shot Put	Ring 1		11:30	Boys	U13	High Jump	Area 1
	11:30	Girls	U9	Long Jump	Pit 1		11:30	Boys	U15	Javelin	Area 1
	11:30	Girls	U10	Discus	Ring 2		11:30	Girls	U9	Triple Jump	Pit 1
	11:30	Girls	U11	High Jump	Area 2		11:30	Girls	U12	Shot Put	Ring 2
	11:30	Girls	U12	Triple Jump	Pit 2		11:30	Girls	U13	Discus	Ring 1
	11:30	Girls	U13	Javelin	Area 1		11:30	Girls	U14	Long Jump	Pit 2
	11:30	Girls	U15	High Jump	Area 1		11:30	Girls	U15	Shot Put	Ring 1
	14:00	Boys	U9	High Jump	Area 2		14:00	Boys	U9	Shot Put	Ring 2
	14:00	Boys	U11	Long Jump	Pit 1		14:00	Boys	U10	High Jump	Area 2
	14:00	Boys	U13	Shot Put	Ring 1		14:00	Boys	U13	Javelin	Area 1
	14:00	Boys	U14	Discus	Ring 1		14:00	Boys	U15	Triple Jump	Pit 1
	14:00	Girls	U9	Shot Put	Ring 2		14:00	Girls	U9	High Jump	Area 1
	14:00	Girls	U10	High Jump	Area 1		14:00	Girls	U11	Shot Put	Ring 1
	14:00	Girls	U11	Javelin	Area 1		14:00	Girls	U13	Triple Jump	Pit 2
	14:00	Girls	U13	Long Jump	Pit 2		14:00	Girls	U14	Discus	Ring 1
	15:30	Boys	U10	Shot Put	Ring 1		15:30	Boys	U11	Triple Jump	Pit 2
	15:30	Boys	U12	Triple Jump	Pit 2		15:30	Boys	U12	Javelin	Area 1
	15:30	Boys	U13	Long Jump	Pit 1		15:30	Boys	U14	Long Jump	Pit 1
	15:30	Boys	U15	Discus	Ring 1		15:30	Girls	U10	Shot Put	Ring 2
	15:30	Girls	U12	Javelin	Area 1		15:30	Girls	U11	Triple Jump	Pit 1
	15:30	Girls	U14	Triple Jump	Pit 1		15:30	Girls	U12	Long Jump	Pit 2
	15:30	Girls	U15	Long Jump	Pit 2		15:30	Girls	U15	Discus	Ring 1

	U9G		U10G		U11G		U12G		U13G		U14G		U15G		
	TRACK	FIELD	TRACK	FIELD	TRACK	FIELD	TRACK	FIELD	TRACK	FIELD	TRACK	FIELD	TRACK	FIELD	
	8:30						70m Heats								8:30
	8:40														8:40
	8:50						70m Heats					1500mW Final			8:50
	9:00				70m Heats	Triple Jump		Long Jump						1500mW Final	9:00
	9:10														9:10
	9:20	70m Heats							800m Heats	High Jump					9:20
	9:30														9:30
	9:40						800m Heats								9:40
	9:50														9:50
	10:00				800m Heats							80mH Heats			10:00
	10:10														10:10
	10:20	800m Heats													10:20
	10:30														10:30
	10:40							80mH Heats					High Jump		10:40
	10:50				80mH Heats										10:50
	11:00											800m Heats			11:00
	11:10	80mH Heats													11:10
	11:20														11:20
	11:30														11:30
	11:40														11:40
	11:50						200m Heats								11:50
	12:00	200m Heats													12:00
	12:10		Long Jump		200m Heats	Discus									12:10
	12:20														12:20
	12:30														12:30
	12:40														12:40
	12:50														12:50
	13:00														13:00
	13:10														13:10
	13:20														13:20
	13:30														13:30
	13:40														13:40
	13:50														13:50
	14:00														14:00
	14:10														14:10
	14:20														14:20
	14:30														14:30
	14:40		Shot Put												14:40
	14:50														14:50
	15:00	70m Final			70m Final			70m Final							15:00
	15:10														15:10
	15:20														15:20
	15:30														15:30
	15:40														15:40
	15:50	80mH Final			80mH Final			80mH Final							15:50
	16:00														16:00
	16:10														16:10
	16:20														16:20
	16:30														16:30
	16:40														16:40
	16:50				800m Final										16:50
	17:00	800m Final													17:00
	17:10														17:10
	17:20														17:20
	17:30														17:30
	17:40														17:40
	17:50	200m Final			200m Final			200m Final							17:50
	18:00														18:00

SATURDAY

