



**CASEY LITTLE ATHLETICS CENTRE**  
**CROSS COUNTRY CALENDAR 2010**

**VENUE: EDWIN FLACK RESERVE – MANUKA ROAD, BERWICK  
ATHLETICS TRACK**

**All Athletes please wear registration tags to Cross Country programs.**

<b>WARM UP 8.45AM</b>		<b>START TIME: 9.00AM (Rain, Hail or Shine)</b>
<b><u>DAY</u></b>	<b><u>DATE</u></b>	<b><u>EVENT</u></b>
Sat	17 <sup>th</sup> April	Program 1 - Casey
Sat	24 <sup>h</sup> April	Program 2 - Casey
Sat	1 <sup>st</sup> May	Program 3 – Casey
Sat	8 <sup>th</sup> May	Program 4 - Casey
Sat	15 <sup>th</sup> May	Program 5 - Casey
Sat	22 <sup>nd</sup> May	Program 6 - <b>Casey Challenge Day</b> (other centres come to casey)
Sat	29 <sup>th</sup> May	Program 7 – <b>Dandenong Challenge Day (more info later)</b>
Sat	5 <sup>th</sup> June	Program 8 – Casey <b>(FOOTY COLOURS DAY. . . .</b> <b>Wear your favourite team colours)</b>
Sat	12 <sup>th</sup> June	Program 9 – Casey (Long Weekend)
Sat	19 <sup>th</sup> June	Program 10 – <b>Pakenham Make a Friend Day</b> <b>(Lilypond House, Duncan Drive, Pakenham 317 B7)</b>
Sat	26 <sup>th</sup> June	Program 11 – Casey
Sat	3 <sup>rd</sup> July	Program 12 – <b>KNOX OPEN DAY</b> <b>(Nortons Park, Wantirna Sth, 72 A2)</b>
Sat	10 <sup>th</sup> July	Program 13 - Casey
Sat	17 <sup>th</sup> July	Program 14 - Casey
Sat	24 <sup>th</sup> July	<b>Casey Centre XC Championships &amp; Presentation Day</b>
<b><u>**Sun**</u></b>	<b>1st August</b>	<b>VLAA State XC Championships</b> (Geelong Racecourse - Geelong)
Sat	7 <sup>th</sup> August	Cockatoo Hill Challenge

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Cross Country  
Co-ordinator

Rod Prime  
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(Karen)